

Massage Client Information

Date:\_\_\_\_\_

Name: \_\_\_\_\_ Phone No (\_\_\_\_)\_\_\_\_\_

Date of Birth \_\_\_\_\_ Cell (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_ State\_\_\_\_ Zip\_\_\_\_\_

Email: \_\_\_\_\_ Referred by:\_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone No ( ) \_\_\_\_\_

General and Medical Information

Occupation \_\_\_\_\_ Age\_\_\_\_\_  Male  Female

Yes  No Have you ever had a professional massage? How recently\_\_\_\_\_

Are you having any problems that would compromise your safety if you were to have a massage today?  YES  NO

*Please take a moment to carefully read the following information and sign where indicated. If you have a specific medical condition or specific symptoms, a massage may be contraindicated.*

*(If you answer 'Yes' to any of the following questions, please explain as clearly as possible.)*

Do you take daily medications? If so, please indicate\_\_\_\_\_

\_\_\_\_\_

Are you pregnant?  Yes  No

Do you have any contagious diseases?  Yes  No

Do you bruise easily?  Yes  No

Do you exercise regularly  Yes  No

Have you had any surgeries?  Yes  No

*Please specify:* \_\_\_\_\_

Have you had any injuries in the past 2 years?  Yes  No

Do you have tension or soreness in a specific area?  Yes  No

*If yes, please specify*\_\_\_\_\_

**DO YOU HAVE ANY OF THE FOLLOWING?**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Allergies                 | <input type="checkbox"/> Eating Disorders  | <input type="checkbox"/> Lupus             |
| <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> Epilepsy/Seizures | <input type="checkbox"/> Numbness/Tingling |
| <input type="checkbox"/> Athletes Foot             | <input type="checkbox"/> Fibromyalgia      | <input type="checkbox"/> Osteoporosis      |
| <input type="checkbox"/> Cancer/Tumors             | <input type="checkbox"/> HBP               | <input type="checkbox"/> Rash/Hives        |
| <input type="checkbox"/> Chronic Fatigue           | <input type="checkbox"/> Herpes            | <input type="checkbox"/> Shingles          |
| <input type="checkbox"/> Depression                | <input type="checkbox"/> HA's/Migranes     | <input type="checkbox"/> Shoulder/Arm Pain |
| <input type="checkbox"/> Diabetes                  | <input type="checkbox"/> IBS               | <input type="checkbox"/> Sleep Disorder    |
| <input type="checkbox"/> Drug/Alcohol<br>Addiction | <input type="checkbox"/> Jaw Pain / TMJ    | <input type="checkbox"/> Spasms/Cramps     |
|  | <input type="checkbox"/> Leg/Hip Pain      | <input type="checkbox"/> Varicose Veins    |

*\*I understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the treatment may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination, diagnosis or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any mental or physical ailment of which I am aware.*

*I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session and I will be liable for payment of the scheduled appointment.*

**Client Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Practitioner Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**CONSENT FOR TREATMENT OF A MINOR:**

*I hereby authorize below for \_\_\_\_\_ (Practitioner) to  
massage my minor child or dependent \_\_\_\_\_ (name)*

*Parent/Legal Guardian Signature* \_\_\_\_\_ *Date* \_\_\_\_\_